BE PREPARED WHEN DISASTER STRIKES

National program provides essential training for strengthening health security
Join more than 80,000 NDLS participants.

The NDLS training network includes 77 training centers throughout the United States and more than 2,000 certified instructors. NDLS courses have been delivered in all 50 states and in multiple countries.

Multiple private and public sector individuals and organizations are involved in the development, delivery and evaluation of NDLS courses, thus providing a sustained network for collaboration and an efficient means for ongoing course review, refinement, evaluation and promotion.

In 2007, the National Disaster Life Support Education Consortium™ (NDLSEC™) was formed to provide multidisciplinary expertise for the regular review and revision of the NDLS courses, as well as guidance for the continued expansion and deployment of the NDLS program. The NDLSEC is an unincorporated association jointly sponsored by the AMA and the NDLSF, and convened by the AMA. Visit www.ama-assn.org/go/ndlsec to learn more about the NDLSEC.

To schedule a course in your area or learn about upcoming courses, visit the AMA NDLS program website (www.ama-assn.org/go/ndls), e-mail the AMA NDLS program office at disaster.preparedness@ama-assn.org or call (866) 722-4911. You can also visit the NDLSF website (www.ndlsf.org) for more information.
COURSE DESCRIPTIONS

The NDLS program consists of four instructor-led courses: Core Disaster Life Support™ (CDLS®), Advanced Disaster Life Support™ (ADLS®), Basic Disaster Life Support™ (BDLS®), and NDLS-Instructor™. There are two Web-based courses: Electronic Core Disaster Life Support™ (eCDLS®) and Electronic Basic Disaster Life Support™ (eBDLS™).

CDLS v. 3.0 course
The CDLS v. 3.0 course is a competency-based, awareness-level course that introduces clinical and public health concepts and principles for the management of disasters and public health emergencies. The course introduces the all-hazards approach to personal, institutional and community disaster management through the PRE-DISASTER Paradigm and the DISASTER Paradigm. The course lays the foundation for individuals from diverse professions, disciplines and backgrounds to come together as a team to learn the importance of personal and community preparation and planning to ensure the integration of all available response assets in a disaster or public health emergency.

BDLS v. 2.6 course
The BDLS v. 2.6 course is a competency-based, awareness-level course that introduces concepts and principles to prepare health professionals for the management of injuries and illnesses caused by disasters and public health emergencies. The primary focus of the BDLS course is to apply the principles and concepts of mass-casualty management and population-based care to natural disasters, traumatic and explosive events, nuclear and radiologic events and biologic and chemical events. The course addresses the role of health professionals in the incident management system, the physical and psychosocial implications of disaster events and the special needs of underserved and vulnerable populations.

Web-based training

eCDLS course
The eCDLS course is a Department of Homeland Security awareness-level online training course that allows students to complete nine lessons based on the CDLS v. 2.0 curriculum at their own pace. The 4-hour format is interactive and employs both pre- and post-assessments.

eBDLS course
The eBDLS course allows students to complete nine lessons based on the standardized BDLS course v. 2.6 curriculum at their own pace. The 9.5-hour format is interactive and employs text, slides, recorded lectures and end-of-lesson exams.

Access online courses at www.ndlsf.org.
ADLS v. 2.0 course
The ADLS v. 2.0 course offers an advanced practicum for individuals who have completed the BDLS course. This intensive, operations-level course trains participants in mass-casualty decontamination, use of personal protective equipment (PPE), SALT (sort, assess, life-saving interventions, treatment/transport) triage and the application of critical lifesaving interventions. Through the use of interactive sessions and exercises with high-fidelity mannequins and volunteer patients, the course creates a realistic, practical experience in mass-casualty management. The two-day course includes both classroom instruction and hands-on training.

NDLS-Instructor course
The NDLS-Instructor course is provided for ADLS course participants who want to become ADLS course instructors. The half-day course includes instruction in coordinating and conducting the four ADLS skills stations, including SALT triage, human patient simulation, PPE, decontamination and clinical disaster skills.

The American Medical Association is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians. The American Medical Association designates this live activity for a maximum of [CDLS, 3.5; BDLS, 7.5; ADLS, 15.5] AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

STUDENTS WELCOME
Are you a clinical, public health or other student interested in taking an NDLS course? If so, call (866) 722-4911 to sign up for NDLS courses or to get more information.
KNOW HOW TO RESPOND WHEN DISASTER STRIKES.

Learn your role in the disaster management system.

The National Disaster Life Support (NDLS) program addresses the need to train physicians and other health and safety professionals in understanding their roles and responsibilities as part of an integrated disaster management system. Co-sponsored by the American Medical Association (AMA) and the National Disaster Life Support Foundation Inc. (NDLSF™), this program is designed to help standardize disaster training for all potential health responders and, in turn, strengthen national and global health security.

Whether faced with a natural disaster, a terrorist attack or pandemic, NDLS courses provide the knowledge and skills health personnel need to execute successfully in a disaster. Through competency-based courses and curricula, the NDLS program emphasizes an all-hazards, multidisciplinary approach to personal, institutional and community disaster management through the introduction of two unique mnemonics:

- The PRE-DISASTER Paradigm™
  which applies to event mitigation and preparedness; and

- The DISASTER Paradigm™
  which applies to event recognition, response and recovery.

Programs tailored to your profession

The NDLS program targets medical first responders, health professionals, health service providers, public health workers and health support personnel. These include, but are not limited to, physicians, physician assistants, nurses, emergency medical technicians, paramedics, dentists, pharmacists, veterinarians, allied health workers and technicians, administrators and planners, law enforcement personnel and firefighters.

Professional education credit

After completing each NDLS course, physicians are eligible for AMA PRA Category I Credits™. Other participants receive a certificate of participation as evidence of course completion, which may be converted into continuing education credit by the participant’s professional accreditation organization.